

## Virtual Patient Programs April 2020

Please register at least 5 minutes prior to the program as we've added an extra layer of security to all of our online patient and staff programs

Coping with Cancer and COVID-19: Virtual Discussion with a Doctor and Social Worker as you Navigate Cancer Treatment

Tuesday, April 21, 13:00 1:00pm 1

AnaMaria Lopez, MD, and Lisa Capparella, LCSW

With recent updates to coronavirus (COVID-19), Jefferson would like to support our patients and caregivers by offering a virtual information session to learn more about COVID-19 and providing information that can help educate and support you during these difficult times. Join us for a virtual discussion with a doctor and social worker to learn:

- \*Overview & definition of coronavirus
- \*Symptoms of the virus
- \*Review of risk & guidelines to protect yourself and loved ones from the coronavirus
- \*Self-care coping tips to manage stresses of coronavirus
- \*Participants can also partake in a question and answer session

Register in advance for this meeting:

https://Jefferson.zoom.us/meeting/register/vpwocuugrzwrBX9f\_DJUgnk\_KrSnfgY8hw

Stretching for Stress Relief (Virtual) Wednesday April 22, 12:00pm-12:30PM

Gina Mancuso,

Support Group: Caring for a loved one with Cancer during COVID-19

Wednesday, April 29; 1:00pm-2:00pm Wednesday, April 29; 1:00pm-2:00pm

Greg Garber, LCSW & Lisa Capparella, LCSW

Caring for a loved one with